

Virtual QPR Suicide Prevention Training

(Question, Persuade, and Refer)

Learn Three Simple Steps Everyone Needs to Know to Help Prevent Suicide.

For any person or organization interested in preventing suicide in their community

DATE: Wednesday, October 28th, 2020
TIME: 6:30 - 8:00 PM
LOCATION: Four Corners Health Department
2101 N Lincoln Ave, York

Connect via Zoom and learn 3 simple steps to save a life!
There is no cost for this training.

CONTACT: Angel at 402-362-2621 or 877-337-3573
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RSVP: Requested by Wednesday, October 26th

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor.

*Funding provided by:
Behavior Health Education Center of Nebraska and
Nebraska Association of Local Health Directors*



**Four Corners
Health Department**



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